

# Coaching



Debra Dupree (MA, MFT #23250), is an accomplished Motivational Speaker, Mediator, Professional Coach, and Trainer with deep practical experience in diverse environments. She is an expert in relationships helping organizations and individuals better understand and manage interactions, enhance customer relations, and prosper from choice and change.

Coaches help clients find their own solutions, by stimulating thought to generate insight into options, challenges, and outcomes. Coaching is designed to guide individuals in developing and implementing strategies to **reach goals for enhanced communications, improved relationships, managing change, and increased personal satisfaction** at home, at work, in health, in spirituality, and financially.

Coaching applications include:

- Conflict Management
- Family Court Services (FCS) Mediation Preparation
- Parenting Plans
- Depositions & Court Appearances
- Performance Management
- Relationships (marital, non-marital, workplace & business partners)
- Career Coaching
- Habit Change
- *And, much more!*

In-person and telephonic coaching packages available.

*Take advantage of coaching to be the best you can be!*

Contact Debra now 1-800-743-1973 or [info@relationshipsthatmatter.com](mailto:info@relationshipsthatmatter.com)