

10 Reasons to Mediate



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What are 10 Reasons to Mediate?

1. Mediation is fair and neutral.

Parties have an equal say in the process and they, not the mediator, decide the terms of the settlement. There is no determination of guilt or innocence in the process.

2. Mediation saves time and money.

Mediation, when used early in the conflict cycle can save the parties tremendous time and money. Many mediations are completed in one (1) meeting while more complex conflicts may take multiple sessions. Regardless of the number of sessions, mediation still costs far less than legal representation and litigation.

3. Mediation is confidential.

All parties sign a confidentiality agreement. Information disclosed during mediation will not be revealed to anyone, even upon subpoena from any court.

4. Mediation avoids litigation.

Mediation avoids the uncertainty of a judicial or jury outcome.

5. Mediation fosters cooperation.

Mediation fosters a problem-solving and collaborative approach to challenges in relationships, whether at work or at home. Parties feel empowered following mediation to better resolve future complaints and minimize workplace disruptions. Litigation and investigations uncover the facts but do little to resolve the underlying concerns that impact the ongoing relationship(s).

6. Mediation improves communication.

Mediation provides an impartial and confidential setting in which the parties can openly discuss their views on the underlying dispute given the confidential nature of mediation. Enhanced communication can lead to mutually satisfactory resolutions.

7. Mediation helps to discover the real issues driving a conflict.

Parties share information through the confidential, facilitated process, which leads to a better understanding of issues affecting the people involved.

8. Mediation allows you to design your own solution.

A neutral third party assists the parties in reaching a voluntary, mutually beneficial resolution. Mediation can resolve all issues important to the parties, not just the underlying legal dispute.

9. Mediation provides a written agreement.

The agreements reached by the parties are committed to writing to provide a blueprint for moving forward.

10. With mediation, everyone wins.

Independent surveys repeatedly demonstrate that parties to mediation would use mediation again to solve their problems. Mediation is successful in helping parties reach agreement 80-90% of the time. Even when agreements are not reached, parties agree that they feel better after mediation and that relationships are improved.

Contact Debra now 1-800-743-1973 or info@relationshipthatmatter.com