

# Debra Dupree, MFT #23250

**D**ebra Dupree, is an accomplished Motivational Speaker, Professional Coach, Mediator/Negotiator and Trainer with deep practical experience in diverse environments.

Debra is an expert in relationships helping organizations, couples and individuals better understand and interpret their interactions, increase their potential to succeed, and prosper from choice and change. Clients find her unique perspective, dynamic style, and rich experience in training, coaching, and consultation energizing...excellent for stimulating people to take responsibility for creating their own futures and discovering the opportunities available through change. She has the uncanny ability to turn challenging and difficult situations into accomplishable, life-altering realities, truly embracing dynamic humanism.

With years of experience as a trainer and professional speaker, Debra uses her practical style with a creative and humorous approach to make learning FUN and EXCITING. She has the proven experience, leadership, and hands-on techniques to give your team the tools, confidence, and knowledge to meet challenges head-on with inspiration and passion!

Debra is described by her clients as an excellent facilitator who is able to effectively get across key learning points while motivating for change and building an open, honest and dynamic learning environment. She is highly acclaimed as a Coach for personal, professional and executive developmental goals and partners with organizations throughout North America. Debra also customizes training to achieve bottom-line results that truly make a difference in growth - individually and organizationally.

Contact Debra now  
1-800-743-1973

[debradupree@relationshipsthatmatter.com](mailto:debradupree@relationshipsthatmatter.com)



## Education

- M.A. in Education / Counseling Psychology, University of California, Santa Barbara
- Pre-doctoral in Organizational Psychology, San Diego State University

## Affiliations

- President - Relationships That Matter
- Sr. Consultant - Champion Services Group
- Mediator Trainer - the PULSE Institute, Inc.
- Mentor Mediator - Peninsula Mediation / US Dept. of Navy
- Negotiations Trainer, Centre Consulting / US Air Force
- National Conflict Resolution Center – Workplace Mediator
- Master Trainer, Mediation Training Institute, Inc.
- Member, San Diego Supervisor Mediator Panel

## Certified Instrument User

- Conflict Dynamics Profile (CDP)
- Myers-Brigg Type Indicator (MBTI)
- Thomas-Kilmann Styles Inventory (T-K)
- Strength Development Inventory (SDI)
- EDGE 360 Leadership

## Awards & Associations

- SMART Super Star Mediator, Federal Executive Board – Federal EEOC Alternative Dispute Resolution Program '04
- Association for Conflict Resolution (ACR), Tri-Chair Workplace Section '05-'07
- ADR-San Diego, President '08
- ACR Advanced Practitioner , Workplace Mediation

## Favorite Topics

- Behavioral Excellence
  - Leadership Strategies for Leading Organizations
  - Powerful Thinking for Focused Results
  - Maximizing Personal Effectiveness
  - Ethics in Today's Workplace
- Behavioral Risk Management
  - Diversity: A Matter of Respect
  - Reducing Workplace Violence
  - Reducing Sexual Harrassment
  - Harnessing Productivity when Disability Hits: Return to Work Programs
  - Change Your Habits...Change Your Life: Ergonomic Intervention for Success
- Managing Change
  - Who Moved My Cheese
  - Bringing out the Best in You and Others
  - Our Changing Minds...Our Changing Bodies
- Conflict Resolution
  - Managing Differences
  - Negotiating on Behalf of Others
  - Strategic Management of Organizational Conflict

## Clients include...

- California Water Service
- City of Indio
- City of Los Angeles
- Counties of San Diego & Santa Barbara
- Dart Container
- FOXWOODS Casino
- Goleta Water District
- Hewlett Packard
- Honeywell
- Imperial Irrigation District
- Imperial Valley Housing Authority
- Pacific Maritime Association/ILWU
- Port of San Diego
- Prudential Overall Supply
- QUALCOMM
- San Diego Habitat for Humanity
- Teradata
- US Air Force
- US Customs & Border Protection
- US Department of Navy
- US Department of Agriculture/APHIS
- US Gypsum
- US Department of Natural Resources Conservation Service

# What Others Have to Say!



**Debra Dupree (MA, MFT #23250)**, is an accomplished Motivational Speaker, Mediator, Professional Coach, and Trainer with deep practical experience in diverse environments. She is an expert in relationships helping organizations and individuals better understand and manage interactions, enhance customer relations, and prosper from choice and change.

## **PROFESSIONAL MEDIATOR TRAINING**

- Debra really knows her stuff!
- The instructor was excellent! Pat Hogan, Employee Relations Manager - Foxwoods Casino & Resort
- Debra was very professional and informed.
- Excellent! Debra IS poised, professional, informed, gracious and impressive. It made the learning more valuable.
  - The instructors were clear in their presentations and offered the information not only from an academic perspective but they brought substantial professional experience in workplace mediation. Jerome A. Tepper, Attorney
  - I learned a better and more efficient way to conduct a mediation session as well as acquiring mediation management techniques. Marsha McKinnie Davis, Principal, ImPact HR Consulting

## **MANAGING WORKPLACE CONFLICT**

- ...the organized breakdown of how to resolve conflicts in the workplace was excellent
- ...Great Seminar! Puts a twist on how to look at resolving conflict
- ...I enjoyed, appreciated, and learned from the exercises. One of my expectations was to learn tools to better communicate—it was achieved!
- ...Effective communication and delivery on the part of the instructor
- ...Great Class! I liked how it drew attention to looking at the other person's concerns
- ...The ability to relate both the individual and organizational application of mediation and not just one or the other...other programs don't have that flexibility
- ..Excellent for ALL managers!
- ..I liked everything! I think this training will be a great and much needed tool for me in my workplace and personally!

## **ERGONOMICS & DISABILITY MANAGEMENT**

- ..It was one of the best one-day trainings I've attended
- ..Excellent training—lots of good ideas!
- ..Fantastic! Participants are still talking about the experience!
- ..The Facilitator was the best thing about the program
- ..Well-rounded presentation
- ..I was shocked at how interested I was—I would like more training
- ..Once again, Debra had taken a very complex topic and made it understandable for the everyday person
- ..The Facilitator was very clear and to the point
- ..Excellent information!

For more client testimonials or references to contact, please write to us at [debradupree@relationshipsthatmatter.com](mailto:debradupree@relationshipsthatmatter.com).  
Thank you

Contact Debra now 1-800-743-1973 or [debradupree@relationshipsthatmatter.com](mailto:debradupree@relationshipsthatmatter.com)